

In preparation for your pre-operative consultation, please remove your contact lenses in accordance with the chart below.

Regular contact lens wear can sometimes change the shape of your cornea, which can then alter your prescription. In order for us to properly measure and treat your refractive error(s), we would ask that you respect the suggested guidelines.

	Type of lenses worn	Timeframe for lens removal
LASIK/ Intraocular lenses	Soft contact lenses (glasses and CL)*	Minimum 24 hours
	Extended soft lenses (day and night)*	Minimum 24 hours
	Toric soft lenses (astigmatism)	Minimum 24 hours
	Toric hard lenses (astigmatism)	Minimum 4 weeks
	Rigid gas permeables	Minimum 4 weeks
	True hard lenses (polymethylmethacrylate)	Minimum 4 weeks

*Soft contact lenses: No sleeping with them for one (1) week

Please be aware that if you wear hard or permeable contact lenses, they must be removed for a minimum of four weeks before your consultation. In some cases, a second consultation may be booked in another three to four weeks. In these instances, you can still wear soft contact lenses, but they should be removed a minimum of 24 hours before each consultation, and you should not sleep with them for at least a week beforehand.

If you are a candidate for a procedure, then we will schedule it three to four weeks later in order to ensure that your eyes are at their natural state.